

Do you ever wonder where your food comes from? Farmers and Eaters Working Together

At Meadow Creek Farms, we partner with families who want to know that the meat they consume was raised humanely; that the vegetables they feed their children are free from pesticides. We operate on a **Deposit Program** that helps customers spread out the cost of their food and gives our small farm the capital to buy feed and seed and operate during the high season. Think of it as pre-ordering your amazing food and getting a jump on meal planning.

How does the food get to you?

We bring your products weekly, bi-weekly or monthly to Edmonton, Fort McMurray, Slave Lake and Calgary depending on how much freezer space you have and the volume of orders. We work with you to fit your needs. Pork and eggs are available year-round, chickens are ready in June, garden vegetable harvest runs from July to September, and turkeys are ready in October.



How are we different from conventional farming?

Farmer Mandy raises hogs, chickens and turkeys slowly and with artisan practices and grows a wide range of garden vegetables that are organic and delicious. She raises her birds from 12 hours old and does not rush the finishing process, unlike conventional farming. Healthy birds grow slowly, spending as much time as possible outside in the sun and grass. We do not use antibiotics and hormones in our feed. **Yellow Feet** on a bird are the best indicator of a nutritionally healthy outdoor bird. If your family uses eggs, join our **Adopt a Laying Hen** program and estimate how many eggs you need each week. Hens lay about 6 eggs per week, so Mandy needs to get the right number of hens!



Farmer Mandy's hogs are raised outside at **Pleasant Pork Headquarters** for 6-8 months, depending on the weather. Hogs raised outside are a unique product with amazing flavor and nutritional value, and these animals have a beautiful life. Our bacon, sausages, chops and roasts are out of this world. Most families become addicted to our bacon. A hog only produces about 12 lb of bacon per hog. Becoming a partner ensures Mandy knows how many hogs to raise for your family!

How can you become part of our Farm Family?

We are building something more than just a food system. We're building a community. Our customers share recipes, childcare, canning and more. Make convenient payments in advance, then redeem your credit for yummy food starting in August. Our small farm does not qualify for operating loans. Your deposit (plus sales of 2017 inventory) carries the farm through the expense-heavy spring/summer season where we pay for seed, feed, animals, labour, fuel and processing all before we have this year's products ready to sell.

Have a look at the products on the following pages to give us an idea of what products your family enjoys eating, how much freezer space your have (delivery frequency) and whether you would like a **Full Share or Half Share** membership for the Season. Payment can be made in instalments from Feb-April by cash, cheque or e-transfer. If membership is not an option for you financially, we would still love to be your farmer. Let us know which products you would like and how often you would like to see Mandy.



Make Memorable Meals in 2018
Partner with Meadow Creek Farms

(Please take a photo of your completed forms and return by text to 780-650-2047 or mandy@meadowcreekfarms.ca)

2018 Partnership

Family Name:
Phone Number:
City:

Best Way to Contact You (Include profile, below)

Text Messages:
Facebook:
Email:
Twitter:
Instagram:

Partnership Deposit Options

Half Share: \$500 _____
Full Share: \$1000 _____
Or whatever you can afford: \$ _____

*Pay by e-transfer, cheque or cash in installments from February to April. This helps Mandy start the crop for the season. **NEW IN 2018** If you would like to use a credit card to collect points, please let Mandy know as arrangements can be made that allow you to use your credit card!

How often would you like to see Mandy?

____ Weekly for eggs
____ Bi-monthly for pork and poultry
____ Veggies in the summer
____ Special occasions only (Turkey, Hams, Smoked Turkey)
____ Other (please specify): _____

Our Partner Farms

Would you be interested in supporting other small producers with similar values to ours:

- ____ White Earth Honey
- ____ Fresh Berries from Dixie
- ____ Banana Bread from Michelle
- ____ Lamb (TBA)
- ____ Goat (TBA)
- ____ Beef from Kory and Del

Community Building

Mandy would be happy to contact you with more information about the following programs:

- ____ 2018 Garlic Fundraiser
- ____ Recipe Exchanges
- ____ Farm Visits
- ____ Farmer Mandy in the Classroom
- ____ "What's Food Got to Do With It" local food presentation at your event

*Thank you for your support.
It takes a village to keep a heritage farmer going!*

Thank you for considering becoming a part of our Farm Family.

Please contact Mandy directly with any questions at 1-780-650-2047 or mandy@meadowcreekfarms.ca